

SOGON NEWS

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Affiliate of INTERNATIONAL FEDERATION OF GYNAECOLOGY AND OBSTETRICS (FIGO)
AND AFRICAN FEDERATION OF OBSTETRICS & GYNAECOLOGY (AFOC)





NATIONAL SECRETARIAT

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How to join SOGON Communique from the 51st AGM

Communique from the 52nd AGM New SOGON Members inducted in November 2017

New SOGON Members inducted in November 2018

Secretary General Report from the 52nd AGM

On the lighter side

On going SOGON Projects

SOGON New Icon

Pictures from the 52nd SOGON AGM and Conference

Pictures SOGON Meeting with Immediate Past Honourable Minister of Health, Prof. Isaac F. Adewole

SOGON and CHAI...

SOCON and NORDICA

Launching of SOGON guideline on prevention of Cervical Cancer... 44

FIGO 2021 World Congress

Membership Application Form

Tropical Journal of Obstetrics and Gynaecology



welcome all our dear members and readers to SOGON News. This is the first edition of the SOGON News in the last 2 years. Apologies again for this. Like I mentioned at the last Annual General Meeting in Calabar in November 2018 we really wanted to publish an edition last year, but we were more occupied in trying to make an impact and we had some funding challenges. This edition coincides with our 10th

International Scientific Conference and 53rd Annual General Meeting holding in Abuja and it is intended to highlight some important events of this present tenure in the last year. We appreciate the support of members in ensuring that activities, events, projects from SOGON and issues of women's health are carried out. We indeed still have a great role to play in the care of the Nigerian Woman, Mother, Children and the Family.

20 We have a featured message from the SOGON President.

Professor Oluwarotimi Ireti Akinola. 21 Our quest in SOGON ICON this edition is a renowned

Professor and famous Obstetrician and Gynaecologist, Professor E.E. Emuveyan. 29

We look forward to continued contributions and inputs of

SOGON members and staff to the magazine.

38 My appreciation to the Editorial Team for their contribution which we are going to expand in the next few weeks so that the next edition will be much better. 42

SOGON News can be accessed on line at the SOGON Website: www.sogon.org

NOTE: All enquiries about SOGON News should be

The Editor

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addressed to: Dr Christopher O Aimakhu

46 SOGON National Secretariat. Drive 2 House 7 Prince and Princess

Housing Estate, Kaura District, Abuja, FCT, Nigeria. P.O. Box 17559, Garki, Abuja. Nigeria.

SOGON PRESIDENT'S

My Dear Distinguished SOGON Colleagues,

Permit me to thank all of you for electing me as your President and for your support so far in steering our great association to an enviable position. I also use this opportunity to introduce the latest edition of our newsletter, SOGON NEWS, which showcases the activities of SOGON and other emerging activities that promotes maternal health globally and in Nigeria.

It is my greatest delight to forward this edition which the Secretary General promised last year. We have demonstrated resolve to take this association to a greater height. Many of us may have observed that we have positioned the society, capitalizing on all the various institutional capacity building training, such that we do not only function as a professional association, but also as a competitive Non-Governmental organization, concerned with issues of women's health.

We have firmly restructured the secretariat, such that processes have become codified and manuals produced on both administrative and financial regulations in other to institutionalize transparency.

We have benefitted from a lot of goodwill from you and from all our various partners which has enabled us to serve effectively and to deliver on the promises of a big picture.

This edition will catalogue all the various activities that your society has been engaged in from the Last FIGO conference in Brazil to our Canaan City scientific conference and AGM which by all acclamation excelled mightily in the culinary domain.

To ensure the sustainability, we concluded on the implementation of the 2013-2017 SOGON Strategic.To build on this gain and to sustain the momentum, we embarked on the development of a strategic roadmap to guide us in an ever changing landscape of provision in Nigeria. It is my pleasure to introduce to you the 3 Pillars of SOGON SDP II 2018-2022. It



SOGON, through its leaderships, both current and subsequent will ensure commitment to this Strategic Development Plan and sustain the gains and also ensure sustainable creativity to take SOGON to greater heights by fulfilling its mandate of improved sexual and reproductive health in Nigeria.

Permit me to also use this opportunity to congratulate SOGON on her 10th International Conference and 53rd AGM holding in the International Conference Centre, Abuia. It is not by accident that the Council carefully chose to address the very relevant theme of reducing the scourge of gynaecological cancers in Nigeria and globally. These issues have been relegated in the past and it is high time they are brought forward at the international platform of SOGON. Under my Leadership, SOGON has launched a guideline on the screening and management of Cervical Cancer and is in Partnership with the National Cancer Control Programme to ensure that there is elimination of Cervical Cancer in Nigeria. We are also opened to partnerships and cooperations to make this a reality.

In conclusion, I would like to thank those that have worked with me and have given quality grease to my engine, fellow members of EXCO, Staffs of SOGON Secretariat.

Long live SOGON!! Long Live Federal Republic of Nigeria!!!

Prof. Oluwarotimi Ireti Akinola SOGON President

OGON has continued to participate in many activities that we were invited to. Some of those that we have attended since the last Annual General Meeting include:

- FMOH --- Validation meeting on task Shifting Policy --- Held in Abuja between November 19th -20th 2018.
- Second National Stakeholders meeting to consolidate the MPDSR guideline tools – Held in Lagos between 27th November – 1st December 2018.
- FMOH --- Accelerating the abandonment of Female Genital Mutilation in Nigeria --- Held in Lagos between the 29th – 30th November 2018.
- 5th Nigerian Family Planning Conference ---Held in Abuja between the 3rd – 6th December 2018.
- FMOH --- Extra Ordinary Core Technical Committee meeting on IRMNCAH + N on results and experience sharing event of the MCSP (5) years project --- Held in Abuja on the 18th of December 2018.
- FMOH --- Advocacy/ Stakeholders meeting on curbing medicalization of FGM and sanction of erring medical personnel in Nigeria --- Held in Abuja on the 18th of December 2018.
- Meeting with Rotary --- Held in Abuja on the 27th of February 2019.
- FMOH --- MPDSR Workshop ---Held in Ibadan between the 4th to 8th February 2019.
- Second Safe Engage Task Force Meeting ---Held in Lagos between the 11th – 13th March 2019.
- 10. FMOH ---- Creating a National Surgical, Obstetrics, Anaesthesia and Nursing Plan (NSOAP) --- Held in Lagos between the 16th – 21st March 2019.
- Meeting of all partners working with PSI and the STBF / LAD foundation who visited Nigeria --- Held in Abuja on the 10th of April 2019.
- WHO "MPD-4-QED" National Stakeholders Meeting --- Held in Abuja on the 25th of April 2019.
- 13. Regional Workshop to disseminate WHO-SRHR

- Guidelines and generate awareness on SRHR amongst key regional stakeholders --- Held in Ouagadougou, Burkina Faso between April 27th to May 4th. 2019.
- 14. FMOH ---- National Surgical, Obstetrics, Anaesthesia and Nursing Plan (NSOAP) --- Held in Abuia on the 21st of May 2019
- National Quality of Care Technical Working Group --- Held in Abuja on the 16th of July 2019.
- 16. Validation meeting of the integrated pneumonia control strategy and implementation plan --- Held in Abuja on the July 17th. 2019.
- 17. Healthwatch Stakeholders summit -Advancing quality maternal care in Nigeria -Held in Abuja on the 18th of October 2019.
- FMOH and UNFPA --- FGM Protocol and Case management form meeting – Held in Lagos between the 22nd to 23rd October 2019.
- FMOH and CHAI Stakeholders engagement workshop to introduce the Unitaid - CHAI partnership for Secondary prevention of cervical cancer in Nigeria - Held in Abuja between the 28th and 29th October 2019.
- 20. WHO Regional research prioritization exercise on SRHR with focus on safe abortion and postabortion care, including humanitarian settings- Held in Cape Town Africa - 29th October to 1st of November 2019.
- 21. FIGO Extraordinary General Meeting in Manila, Philippines on 12th November 2019
- Dr. Azubuike Onyebuchi our Assistant Secretary General has been appointed the Chief Medical Director of Federal Medical Centre, Umuahia, Abia State.
- Prof. A.O. Fabamwo has been appointed the Chief Medical Director, Lagos State University Teaching Hospital (LASUTH), Lagos State.
- Emeritus Prof. N.D. Briggs (Currently Pro-Chancellor and Chairman of Council, Federal University, Lokoja) been appointed Pro-Chancellor of The Bayelsa State University of Medical Sciences.

MEMBERS OF SOGON COMMITTEES (2017-2020)

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- > Prof. Bala M. Audu Chairman
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- Dr. Bem R. Ageda
- Dr. Mojeed Momoh mni
- ▶ Prof. Jamilu Tukur

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- Prof. Odidika U.J. Umeora
- Prof. Patrick I. Okonta
- ▶ Prof. Ibrahim Yakassai
- Dr. Hadiza A. Usman

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- Dr. Ibrahim Wada
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- Dr. Ngozi C. Orazulike
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- Prof. John Ikhimalo
- Dr. Michael O. Ogunkoya
- Prof. Hadiza S. Galadanci

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- Dr Olubukola A Adesina
- Dr. Aigbe G. Ohihoin
- Dr. Hadiza A. Usman
- ▶ Prof. Odidika U. Umeora

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- > Prof. Bosede B. Afolabi
- Dr. Leroy Edozien
- Dr. Adebimpe F. Matiluko
- Dr. Ibrahim Wada
- Dr. Mairo Mandara
- Dr. Fatima M. Bunza

SOGON VISION, MISSION AND CORE VALUES

The Society of Gynaecology and Obstetrics of Nigeria (SOGON) is the umbrella professional organization of Gynaecologists and Obstetricians in Nigeria. It was inaugurated in April 1965 and formally registered with the Corporate Affairs Commission as a Non-Government Organization in 1999, RC No. 2156. It is an affiliate member of the International Federation of Gynaecology and Obstetrics (FIGO) and the African Federation of Obstetrics and Gynaecology (AFOG). SOGON works with the Federal Ministry of Health, International Development Partners, other professional bodies and non-governmental organizations in Nigeria.

Its members are distributed across the 36 states and the Federal Capital Territory of Nigeria and outside the country. The Vision, Mission and Core Values of SOGON is as stated below

VISION STATEMENT

SOGON is an organization where all members are professionally empowered and committed to the pursuit of the rights of women to achieve the highest possible standards of physical, mental, reproductive and sexual health and wellbeing throughout their live.

MISSION STATEMENT

SOGON is dedicated to the improvement of women's health and rights and the reduction of maternal and newborn mortality, as well as advancing the science and practice of Gynaecology and Obstetrics in Nigeria.

SOGON CORE VALUES

The Core Values of SOGON include:

- · Commitment to women-friendly care
- · Respect for clients' rights
- · Respect for providers' rights and needs
- High ethical standards
- · Ouality consciousness
- · Transparency and accountability
- Professionalism

BOARD OF TRUSTEES (BOT) OF SOGON

1. Prof. Wilfred Objorah Chukudebelu Chairman 2. Dr. Oluvomi Finnih Member 3. Prof. Linus Aiabor Member 4. Dr. Fred Faruna Achem Member 5. Prof. Oladano Alabi Ladino Member 6. Prof. Olurotimi O. Fakeve Member 7. Prof. J.I. Brian-D. Adinma Member

SOGON EXECUTIVE COUNCIL MEMBERS (2017-2020)

1 Prof Olywarotimi Ireti Akinola

2. Dr. Habib M. Sadauki 3. Prof. Okechukwu C. Ikpeze

4. Dr. Christopher O. Aimakhu

5 Prof Bala Mohammed Audu

6 Prof Olusola B Fasubaa 7. Prof. J.I.Brian-D. Adinma

8. Dr. Chris Agboghoroma

9. Dr. Ayodeji Oluwole 10. Dr. Azubuike Onvebuchi

11. Prof. Okanlawon L. Odusoga

12. Dr. Olubukola A. Adesina

13. Dr. Olayinka Ogunbode 14. Dr. Joseph Akinde

15 Dr. Kehinde Okunade

16 Dr Yusuf A Oshodi 17. Dr. Moieed Momohmni

18. Dr. Patrick I. Okonta

19. Dr. Ehigha Enabudoso

20. Prof. Anthony O.U. Okpani 21. Prof. T.C. Harry

22. Prof. O.U.J. Umeora 23. Prof. Peter A. Aboveii

24. Dr. Abdulkareen Musa

25. Dr. Folorunsho Bernard Adewale

26. Prof. I.A.O. Ujahmni

27. Dr. Bem Reuben Ageda 28. Dr. Usman R. Yahava

29. Prof. Babagana Bako

30. Dr. Hadiza Usman

31. Prof. Ibrahim A. Yakasai

32. Prof. Jamilu Tukur 33. Dr. Karima Tunau

34. Dr. Ibrahim Wada

35. Prof Oluwafemi Kuti

President

1st Vice President 2nd Vice President

Secretary General Honorary Treasurer

Editor, TJOG

Immediate Past President

Immediate Past Secretary General

Assistant Secretary General

Assistant Secretary General Chairman, Western Sector

Vice Chairman, Western Sector

Secretary, Western Sector Chairman, Lagos Sector

Secretary, Lagos Sector Treasurer, Lagos Sector

Chairman, Mid-Western Sector

Vice Chairman, Mid - Western Sector

Secretary, Mid - Western Sector Chairman, Eastern Sector

Vice Chairman, Eastern Sector Secretary, Eastern Sector

Chairman, Lower Middle Belt Sector

Secretary, Lower Middle Belt Sector

Treasurer, Lower Middle Belt Sector

Chairman, North Central Sector Secretary, North Central Sector

Vice Chairman, North Eastern Sector

Secretary, North Eastern Sector

Treasurer, North Eastern Sector Chairman, North Western Sector

Secretary, North Western Sector Treasurer, North Western Sector

President, Association for Fertility and Reproductive Health (AFRH)

President, Association of Fetomaternal Medicine

Specialists of Nigeria (AFEMSON)

MEMBERS OF STAFF OF SOGON

- 1. Dr. Segun Adeoye
- 2. Mr. Wilson Ogan
- 3. Miss Elizabeth Joseph-William
- 4. Mr. Victor Dafe Voke
- 5. Mr. James Idoko
- 6. Miss Ifedola Bose Folorunsho
- 7. Miss Adaobi Onwughalu

Programme Manager

SOGON Accountant / Finance Officer

Programme Officer

Programme Officer - M&E/IT

Accountant Assistant

Programme Assistant, Kogi State

Programme Assistant, Ebonyi State

SOGON STATE COORDINATORS

S/N	STATE	NAME
1.	Abia	Dr. Mazi E.C.Ejikem
2.	Adamawa	Dr. Joel Yohanna
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4.	Anambra	Dr. Joseph Ugboaja
5.	Bauchi	Dr. Lamaran Dattijo
6.	Bayelsa	Dr. Bariweni Chris
7.	Benue	Dr. B.T. Utoo
8.	Borno	Dr. Hadiza A. Usman
9.	Cross River	Prof. Mabel Ekott
10.	Delta	Dr. Paul Okubor
11.	Ebonyi	Dr. Uzoma Agwu
12.	Edo	Dr. Abieyuwa Osemwenkha
13.	Ekiti	Dr. A.A. Adeniyi
14.	Enugu	Prof. Frank Ezugwu
15.	Gombe	Dr. Usman R. Yahaya
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17.	Jigawa	Dr. Ashimi Adewale
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20.	Katsina	Dr. Habib Ibrahim
21.	Kebbi	Dr. Aisha Nana Adamu
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23.	Kwara	Dr. Salmat Isiaka-Lawal
24.	Lagos	Dr. Joseph Akinde
25.	Nasarawa	Dr. Sam Pam
26.	Niger	Dr. Ibrahim B. Sule mni
27.	Ogun	Dr. Ayo O. Oladimeji
28.	Ondo	Dr. T. A. Irinyenikan
29.	Osun	Dr. A.O. Fasanu
30.	Oyo	Dr. Kola M. Owonikoko
31.	Plateau	Dr. V.C. Pam
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33.	Sokoto	Dr. Karima Tunau
34.	Taraba	Dr. Ishaya Wanonyi
35.	Yobe	Dr. Atterwahmie Adamu Abdullah
36.	Zamfara	Dr. Abubakar Danladi
37.	FCT	Dr. Teddy E. Agida

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MEMBERS

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Dr. Azubuike Onyebuchi

Dr. Olayinka Ogunbode

Dr. Olufemi Omololu

Dr. Kola Owonikoko

Mr. Victor Dafe Voke

PRESIDENTS AND SECRETARY GENERALS OF SOGON

CECDETA DV CENEDAL

Dr. AIMAKHU Chris O.

VEAD

2017 - 2021

DDECIDENT

YEAR	PRESIDENT	SECRETARY GENERAL
1965 - 1967	Prof. OGAN Okoronkwo (Late)	Dr. OJO Olusola Adewole (Late)
1967 - 1971	Dr. MAJEKODUNMI Moses A. (Late)	Dr. OJO Olusola Adewole (Late)
1971 - 1974	Dr. MAJEKODUNMI Moses A. (Late)	Prof. AKINOLA Oladele
1974 - 1977	Dr. ADENUGA Ezekiel Adewunmi (Late)	Prof. AKINOLA Oladele
1977 - 1980	Dr. OJO Olusola Adewole (Late)	Prof. AIMAKHU Vincent E. (Late)
1980 - 1984	Prof. BELLO-OSAGIE Tiamiyu (Late)	Prof. ORANSAYE Augustine (Late)
1984 - 1987	Prof. AKINOLA Oladele	Prof. ORANSAYE Augustine (Late)
1987 - 1990	Prof. CHUKWUDEBELU Wilfred O.	Prof. BRIGGS N. D
1990 - 1993	Prof. AKINKUGBE Ajibayo (Late)	Prof. BRIGGS N. D
1993 - 1996	Prof. AIMAKHU Vincent E. (Late)	Dr. OBINECHE I. N
1996 - 1999	Dr. FINNIH Oluyomi	Dr. OBINECHE I. N
1999 - 2002	Prof. AJABOR Linus N.	Prof. OKONOFUA F. E
2002 - 2005	Dr. AKUSE James Terkura (Late)	Prof. OKONOFUA F. E
2005 - 2008	Dr. OKARO John Maduabuchi	Prof. UJAH I. A. O. mni
2008 - 2011	Dr. ABIOLA-OSHODI Tinuola Ajiun (Mrs.)	Prof. UJAH I. A. O. mni
2011 - 2014	Dr. ACHEM Fred Faruna	Dr. AGBOGBOROMA Chris O.
2014 - 2017	Prof. ADINMA J. I. Brian-D	Dr. AGBOGBOROMA Chris O.

Prof. AKINOLA Oluwarotimi F.

ANNUAL SUBSCRIPTION FEES

The current annual subscription fees is as follows

Full Membership - ₩20,000.00
Associate Membership - ₩10,000.00

Other fees:

New membership Registration / Induction fees - ₩25,000.00

PAYMENT TO SOGON MADE EASY

Payment to SOGON can be effected through any of the following means -

- On-line payment can be made through SOGON website (www.sogon.org) using your credit /debit (ATM) cards.
- 2. Direct payment into SOGON accounts with any of the following banks:
 - (i) Name of Account: Society of Gynaecology and Obstetrics of Nigeria (SOGON)

Bank: First bank, Onitsha Upper market Road branch, Onitsha

Account No.: 2007069424 Bank Sort Code: 011025032

(ii) Name of Account: Society of Gynaecology and Obstetrics of Nigeria (SOGON)

Bank: United Bank for Africa (UBA), Ceddi Plaza, Plot 264 Tafawa Balewa

Way, Central Business District, Abuja Nigeria
Account No.: 1016814160 Bank Sort Code: 033083780

NOTE: Please ensure Name of Depositor is SOGON members' name

After payment, Scan and send your teller to -

- i. Honorary Treasurer balaauda 19@gmail.com
- ii. Secretary General chrisaimakhu@yahoo.com

SOGON MEMBERSHIP

Membership Categories

There are five categories of membership:

- Full Member is a medical doctor who has completed a post graduate training in gynaecology and obstetrics and registered by the Medical and Dental Council of Nigeria as a specialist in the specialty.
- Life Member is a full member who has paid up-front a lump sum fee equivalent to 20 years of current subscription.
- Senior Member is a full member nominated and approved by the executive council haven been an active/financial member continuously for at least 10years and now retired from active service, or has attained the age of 70 years.
- 4. An Associate Member is a medical practitioner who has passed the Primary Fellowship examination of the West African College of Surgeons (Primary FWACS) or National Postgraduate Medical College (Primary FWCOG) or their equivalent, and are in training institutions, and those who have passed Part 1 FWACS or FMCOG or their equivalent, whether they are still or not in training, are eligible to be admitted as Associate Member provided they pay appropriate registration and subscription fees.
- Honorary Member (Fellowship) refer to men and women irrespective of their profession who not ordinarily eligible to be members of SOGON but who have distinguished themselves in service to women and the newborn or the general public at large.

Membership Rights and Privileges

- 1. Reduction in registration fees in SOGON activities including conferences.
- 2. Eligibility to partake in SOGON meetings including voting and being voted for.
- Entitled to free copy of SOGON publications-Tropical journal of Obstetrics and Gynaecology (TJOG) and SOGON News.
- 4. Participation in CME activities.
- 5. Access to SOGON members-only site in SOGON website.
- 6. Access to SOGON guidelines and protocols.
- Recommendation and/or selection to attend Local and International Meetings and Conferences.
- Enjoy all other privileges accorded to Gynaecologists and Obstetricians including discounted hotel rates and other services in Abuja, Lagos and other major cities within and outside Nigeria.

Responsibilities of Members

- 1. Abide by SOGON constitution.
- 2. Adhere to the code of ethics in medical practice.
- 3. Promote the objectives of SOGON.
- 4. Prompt payment of annual subscription fees and levies.

How to Join SOGON

The procedure for becoming a member of SOGON is as follows:

 Completion and submission of Application form to the Secretary General or Secretariat (E-mail: sogonnigeria@yahoo.com)

The Application form may be collected from the Secretary General / Secretariat or downloaded from SOGON Website - www.sogon.org

OR

The Application form may also be completed and submitted on-line at SOGON website -www.sogon.org

2. Payment of appropriate fees

 Registration/Induction fees
 - N25,000.00

 Subscription (1 year)
 - N20,000.00

 Purchase of SOGON Gown
 - N25,000.00

 TOTAL
 - N70,000.00

NOTE: Associate Members shall pay half of Registration/Induction and annual subscription fees

- 3. Approval by SOGON Executive Council and General assembly
- 4. Induction of Ordinary Members at the Annual General Conference (held yearly in November)
- 5. Honorary Membership is only by nominations.

COMMUNIQUE ISSUED AT THE END OF THE 51ST ANNUAL GENERAL MEETING AND SCIENTIFIC CONFERENCE OF THE SOCIETY OF GYNAECOLOGY AND OBSTETRICS OF NIGERIA (SOGON) HELD AT THE GIGINYA CORAL HOTEL, SOKOTO, NIGERIA, NOVEMBER 19TH -25TH 2017

The Society of Gynaecology and Obstetrics of Nigeria (SOGON) held her 51st Annual General Meeting and Scientific Conference between the 19th and 25th of November 2017 at the Giginya Coral Hotel, Sokoto, Nigeria. The Conference was tagged "SOGON in the Caliphate 2017".

The Conference attracted over 600 Participants from within and outside Nigeria. These included Obstetricians and Gynaecologists, Paediatricians, Resident Doctors, Nurses and Midwives, Politicians, Policy Makers, Lawyers, Women's Right Activists, Development Partners, Pharmaceutical and Allied companies, Government Department and Agencies, Religious leaders, Representatives of Civil Society and Members of the Mass Media amongst others.

The Theme of the Conference was "Maternal and Newborn Health in a Challenging Economy", while the Sub-Themes were: Innovations in health care financing, Family planning and women's health, Community leaders and maternal health, Gynaecological cancers: challenges of management. SOGON notes the dire economic situation in the country and its concomitant effect on maternal and newborn health.

His Excellency, the Executive Governor of Sokoto State, Right Honourable Aminu Waziri Tambuwal (CFR) declared the congress opened. His Eminence Alhaji Dr. Muhammad Sa'ad Abubakar III the Sultan of Sokoto, the Executive Governor of Yobe State, Alhaji Ibrahim Gaidem and the First Lady of Kebbi State Her Excellency Dr. Zainab Atiku Bagudu were also present. The Minister of Health who is a member of SOGON, Prof. Isaac F. Adewole was represented by the Chief Medical Director of the University of Abuja Teaching Hospital, Prof. Bisallah Ekele.

The Keynote Address at the opening ceremony titled "Role of SOGON in National Development: Time to bend the curve" by Prof. Emmanuel Otolorin, the Senior Regional Programmatic and Technical Adviser TIPTOP was projected.

The Prof. O.A. Ojo Memorial Guest Lecture titled "Maternal and New born Health in a Challenging Economy "was delivered by Prof. Hadiza Shehu Galadanci of the Bayero University Kano and Aminu Kano Teaching Hospital.

New Inductees

Thirty Seven new members from across the country were inducted at the opening ceremony.

Awards and Honours

His Excellency the Executive Governor of Yobe State was awarded the Honorary Membership of SOGON Award and Prof. Oladosu A. Ojengbede was awarded the 2017 Excellence in Clinical Services. The 2017 Excellence in Administration was awarded to Dr.

Mairo Mandara and Excellence in Services to SOGON awarded to Prof. Celestine, T. John.

Free Medical Outreach

SOGON provided free treatment to over 200 women with different health conditions in Sokoto. It also conducted major and minor surgeries as well as Vesico-Vaginal Fistula repairs. Over 100 women were also screened for cervical cancer.

Pre-Conference Workshops and Scientific Sessions

Five Pre-Conference workshops were held with the following themes:

- · Radiotherapy for cervical cancer
- Skills Acquisition by Simulation(Humanistic approach towards lifesaving skills acquisition in Maternal and Newborn Health)
- Hands-on training on Vesico-Vaginal Fistula repair
- Cornerstones on Family Planning and Contraceptive Guidelines and Tools
- Sensitization Workshop on Maternal and Perinatal Death Surveillance and Response (MPDSR)

The Scientific Sessions consisted of 55 poster presentations, 78 original scientific oral papers, 7 symposia and 6 plenary sessions.

The 3rd Frontiers of Medical Education Lecture in honour of Past SOGON President Prof. Linus Ajabor Titled- Training the future Trainers- a pathway for sustainable development of Obstetrics and Gynaecology specialists in Nigeria was delivered by Prof. J.I. Brian-D Adinma, the Immediate Past SOGON President.

Arising from the Conference, the following Observations and Resolutions were made:

- There is need for the Government to financially support and implement all the evidence based integrated interventions that have proven to improve maternal and child health.
- There is need for more women to be screened for Reproductive Tract Cancers especially cervical cancers and the availability of more Radiotherapy Centres in the country. These should be provided at minimal cost to the Nigerian woman.
- There is need to reduce the high Maternal Mortality and Perinatal Rate in Nigeria especially from Post-Partum Haemorrhage and Pre-eclampsia / Eclampsia by training more skilled personnel in prevention and management of these conditions and provision of drugs.
- 4. More Doctors and Nurses need to be trained in Neonatal Resuscitation.
- 5. The commenced Volunteer Obstetrician Scheme (VOS) will be scaled up and encouraged by states that have not started its implementation.
- SOGON remains committed to ensuring that the Maternal and Perinatal Death Surveillance and Response (MDPSR) initiative of SOGON, which has been imbibed by the National Council of Health, is implemented in every state in Nigeria.



- 7. SOGON solicits for the nationwide implementation of the National Health Act of 2014 which ensures universal health coverage for all Nigerian citizens.
- 8. Antenatal care should focus on a positive pregnancy experience.
- Medical educators have professional and ethical obligations to meet the needs of their learners, patients and society and they should be held accountable for their interventions.
- 10. SOGON has made giant strides in improving maternal health in Nigeria, including care for the Internally Displaced Persons in the North Eastern part of the country.
- 11. Family planning is an integral pathway to reduction of the high rate of maternal and perinatal morbidity and mortality in Nigeria.

Election of New Officers for the Society.

At the Annual General Meeting held on Wednesday the 22nd of November 2017, the following members were elected to pilot the affairs of the Society for the next 3 years:

- President -Prof. Oluwarotimi Ireti Akinola
- ❖ 1st Vice President Dr. Habib M. Sadauki
- 2nd Vice President Prof. Okechukwu C. Ikpeze
- Secretary General Dr. Christopher Odianosen Aimakhu
- Honorary Treasurer Prof. Bala Mohammed Audu

Prof. Olusola B. **Fasubaa** still has 2 years left of his tenure as Editor of the Tropical Journal of Obstetrics and Gynaecology (TJOG).

Venues of the 2018 and 2019 Conference and AGM

The AGM unanimously adopted that the 2018 and 2019 conferences will hold in Calabar and Abuja respectively. The 2019 conference will be an International Conference. The team from Calabar gave a short presentation on what to expect in the next conference.

Appreciation

SOGON is grateful to the Executive Governors of Sokoto and Yobe States, the Sultan of Sokoto, wife of the Governor of Kebbi State, the Honorable Minister of Health and the numerous guests that made the conference a remarkable one. We are grateful to the various organizations that sponsored and contributed to the success of the 51st Annual General Meeting and Scientific Conference.

Special thanks goes to the Members of the Local Organizing Committee (LOC) of the conference led by Dr. Yakubu Ahmed as Chairman and Dr. Karima Abubakar Tunau as Co-Chairperson for hosting a well-organized, wonderful and successful conference.

Signed

Prof. Oluwarotimi I. Akinola President, SOGON **Dr. Chris O. Aimakhu** Secretary General, SOGON COMMUNIQUE ISSUED AT THE END OF THE 52nd ANNUAL GENERAL MEETING AND SCIENTIFIC CONFERENCE OF SOCIETY OF GYNAECOLOGY AND OBSTETRICS OF NIGERIA (SOGON) HELD AT THE CALABAR INTERNATIONAL CONVENTION CENTRE, CALABAR, CROSS RIVER STATE, NIGERIA BETWEEN 19TH - 24TH NOVEMBER 2018

The Society of Gynaecology and Obstetrics of Nigeria (SOGON) held her 52ndAnnual General Meeting and Scientific Conference between the 19th and 24th November, 2018 at the Calabar International Convention Center, Calabar, Cross River State, Nigeria.

Over four hundred (400) participants from within and outside Nigeria attended the conference. Participants included Obstetricians and Gynecologists, Pediatricians, Anaesthethist, Resident doctors, Nurses/Midwives, Politicians, Policy makers, Lawyers, Women's Right Activists, Development partners, Government agencies, representatives of Civil Society, and members of the mass media, Pharmaceuticals and Allied companies.

The Theme of the Conference was "Technology and Capacity Building for Effective Maternal and Child Healthcare in the Sustainable Development Goals Era". The Subthemes were: Health care budgeting and financing, Sexual and domestic violence, Right based choice of family planning, and the role of Obstetricians and Gynaecologists in Primary Health Care.

The Conference was declared open by His Excellency, Sen. Prof. Ben Ayade, the Executive Governor of Cross River State represented by the deputy Governor, His Excellency, Prof. Ivara Esu. The Honorable Minister of Health, a member of SOGON, Prof. Isacc F. Adewole was represented by the Chief Medical Director, University of Calabar Teaching Hospital and Chairman Committee of CMDs, Prof. Thomas U Agan. Other dignitaries in attendance included His Excellency, Hon. Seriake Henry Dickson, Executive Governor of Bayelsa State represented by the Honorable Commissioner of Health, Bayelsa State, Prof. Ebitimitula Nicholas Etebu; His Royal Majesty, the Obong of Calabar, Edidem Ekpo Okon Abasi Otu V, represented by Etubom, Dr Esu Eyolta.

The Keynote Address at the opening ceremony titled "Women and the SDGs: Be our women's keeper" was delivered by Prof. Olasurobomi K. Ogedengbe, a Past President of the West African College of Surgeons.

The Prof. J.B. Lawson Memorial Guest Lecture titled "The Fragile state of safe motherhood in Nigeria - Any hope for the family? "was delivered by Prof. Oladosu A. Ojenabede of the University College Hospital, Ibadan.

NEW INDUCTEES

Sixty One (61) new members from across the country were inducted at the opening ceremony.

AWARDS AND HONOURS

His Excellency the Governor of Bayelsa State, Hon. Seriake Henry Dickson received the Honorary Membership SOGON Award for his effort and drive in improving maternal health services and in the reduction of maternal mortality.

Fourteen (14) members were honored for reaching the age of 70 years.

The Vice Chancellor of University of Calabar, Prof. Zana Akpagu received an award for his support towards SOGON.

FREE MEDICAL OUTREACH

SOGON provided free treatment to over 400 women at two different communities (Ukem-Odukpani and Akamkpa) with different health conditions. Major and minor surgeries were done. This ranged from myomectomies, vaginal hysterectomies, total abdominal hysterectomies, caesarean sections, herniorhaphies, family planning services, antenatal care services, cervical cancer screening (over 300 women) and gynaecological consultations.

PRE -CONFERENCE WORKSHOPS AND SCIENTIFIC SESSIONS

Four Pre-Conference workshops were held with the following themes:

- Grant writing
- Hysteroscopy (Diagnostic and operative)
- Cardiotocographic Fetal Monitoring
- Capacity Building for Effective Maternal and Child Health Care by Simulation.

The Scientific sessions consisted of 33 poster presentations, 65 original scientific papers, and 17symposia/plenary Sessions.

The 4th Frontiers of Medical Education Lecture in honor of Past SOGON President Prof. Linus Ajabor titled-Improving Undergraduate Medical Education in Nigeria: Insight into the past was delivered by a Past President of the West African College of Surgeons, Prof. Akinyinka O. Omigbodun.

SOGON Presented the Guidelines for the Prevention of Cervical Cancer.

Arising from the Conference, the following Observations and Resolutions were made:

- There is need for partnerships and strengthening systems to reduce maternal mortality.
- There is need to develop a viable model of health care financing and service delivery system in Nigeria
- 3. The Volunteer Obstetrician Scheme (VOS) embarked upon to improve maternal health should be a "voluntary" scheme as the name implies.

- 4. There is a need to create Maternal and Perinatal Death Surveillance and Response (MPDSR) Structure and Capacity in Nigeria.
- A dire need for the rejuvenation of medical training both at the undergraduate and postgraduate level.
- 6. The need for medical and nursing staff in Nigerian private hospitals to improve in training in common obstetrics and neonatal emergencies.
- 7. The need to liberalize the restrictive abortion laws in Nigeria so as to make women access appropriate healthcare.
- 8. Concerted government effort should be geared towards improving cervical cancer screening to reduce the scourge of the disease

VENUE OF 2019 AND 2020 ANNUAL GENERAL MEETING AND SCIENTIFIC CONFERENCE

The 2019 SOGON Annual General Meeting/Scientific Conference, which will be an international conference, will hold at the Federal Capital Territory Abuja. It was also unanimously adopted that the 2020 edition of the Annual General Meeting will be hosted in Lagos.

APPRECIATION

SOGON is grateful to the Executive Governor of Cross River State, Sen. Prof. Ben Ayade, the Executive Governor of Bayelsa State, His Excellency the Governor of Bayelsa State, Hon. Seriake Henry Dickson, the Hon. Minister of Health, Prof Isaac Adewole, the Vice Chancellor University of Calabar, Prof. Zana I Akpagu, the Obong of Calabar, Edidem Ekpo Okon Abasi Otu V, the Chief Medical Director of the University of Calabar Teaching Hospital, Prof. Thomas Agan and the numerous guests that contributed in diverse ways in making the conference a successful one. We will not forget to mention the various companies, organizations and individuals who sponsored and contributed in unprecedented measures to the success of the 52nd SOGON Annual General Meeting and Scientific Conference, Canaan City 2018.

Special thanks goes to the Members of the Local Organizing Committee (LOC) of the conference led by HRM Muri Munene (Prof) Itam Hogan Itam as Chairman for hosting a well-organizedwonderful and successful conference.

Signed

Prof. Oluwarotimi I. Akinola President, SOGON Dr. Chris O. Aimakhu Secretary General, SOGON



NEW SOGON MEMBERS INDUCTED IN NOVEMBER 2017

SOGON 52ND ANNUAL CONFERENCE IN SOKOTO

 ABDURRAHMAN, AIS 	5HA
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- ADAMU, AISHA BUBA
- AHMED, YAKUBU
- AKABUDU, OGONNA FRANK
- ALIYU, YAKUBU
- ALIYU, ZUBAIDA
- ANGO, IBRAHIM GODKOBO
- 8. AWOMOHO-OLANIYI MORENIKEJI
- 9. BELLO, SARATU
- EKA, PETER ONCHE
- ENECHUKWU, CHUKWUNONSO ISAIAH
- 12. GEIDAM, ADO DANAZUMI
- 13. IBRAHIM, HABIB MUHAMMAD
- 14. IBRAHIM, RUKAYYA
- 15. IBRAHIM, SALIHU HALIFA
- 16. IBRAHIM, SUMAILA AGBEDO
- 17. IDIH. FZINWANNE FUNICE
- 18. IMO. IHEANYICHUKWU NELSON
- 19. ISA, BILKISU
- KADIR, ENIOLA RISIKAT
- LADAN, ASHIRU ARGUNGU
- 22. LIMAN, IDRIS MOHAMMED
- 23. MUHAMMAD, NURADDEEN
- NZERIBE-ABANGWU, UGOCHI OGBONNEYA
- OKEKE, CHUKWUNWEDU FRANKLIN
- POPOOLA, ABDULRAFIU MOHAMMED
- 27. RABIU, AYYUBA
- 28. SAIDU, ABDULHADI DIYO
- SAMUELS, EPHRAIM
- SARKIN-PAWA, ZULIHATU
- SHUAIBU, YUSUF
- SULAIMAN, BILAL
- 33. SULLYMAN, OTOHINOYI KOKORI
- 34. TAINGSON, MATTHEW CHIUM
- 35. UMAR, AMINA GAMBO
- 36. UMAR, MOHAMMAD
- YAHYA, ANISAH

NEW SOGON MEMBERS INDUCTED IN NOVEMBER 2018

SOGON 52ND ANNUAL CONFERENCE IN CALABAR

- 1. ADDAH ABEDNIGO OJANEROHAN
- 2. UMFLO CHUIOKE
- 3. ABDUR-RAHIM ZAINAB FOYEKE
- 4. ADEWALE OLUWAGBEMIGA
- MOHAMMED CALEB
- 6. OKON OKON ASUOUO
- ORANYE BENJAMIN CHUKWUKA
- 8. AYOGU MALACHY EMEKA
- 9. SALAMI HABEEB ADETUNJI
- 10. UDOUSORO AKANINYENE AKPAN
- 11. UZOMA MARIA-JOANNES KELECHI
- 12. OSUOLALE BAMIDELE DAVID
- 13. OUMATE ZARA DIAJI
- 14 IHEKE OGBONNA OVURU
- 15 ASIMADU FRIC FZFNWA
- 16 ADAII IAMES ADAKOLE
- 17. SALAU JELILI OLAIDE
- 18. DAMTER JOHN HOSEA
- 19. FAROUK HALIMA USMAN
- 20. NNAJI HENRY CHIDI
- 21. TOLUHI HELEN IRETI
- 22. OKPIGHE ADA CHINEZE
- 23. OWEISI PETER WARIPAMO
- 24. DAMBO NUMONYO DUABO
- 25. AFOLABI ADENIYI STEPHEN
- 26. ZAKARI MARYAM MUHAMMAD
- 27. FUMUDOH BASSEY OFFIONG
- 28. KOLEDADE AFOLABI KOREDE
- 29. KORUBO INYE FAYE
- 30. NNAH ECHICHECHI WAMADI
- 31. DALOEK MARTIN DANIEL

- 32. AKUNAEZIRI, UCHE AUGUSTINE
- 33 KAHANSIM MAKSHWAR I I IKA
- 34. AKAFA, RANYANG
- 35 INWANG IMAGRONG OTH
- 36. INYANG-ETOH, EMMANUEL COLUMBA
- 37. ONWE ABRAHAM BONG
- 38. OBI VITUS OKWUCHUKWU
- 39. OKEKE NWABUNIKE EKENE
- 40. UKANWOKO CHRISTOPHER OMENIHI
- 41. MUHAMMAD SULAIMAN DANEJI
- 42. AWORINDE OLUFEMI OPEYEMI
- 43. AIRHUMWUNDE BRIGHT IKPONMWOSA
- 44. UCHE AUGUSTINE AZUKA
- 45. UDOEKEZIE UGOCHUKWU FELIX
- 46. ABUBAKAR JIMOH SOLA
- 47 RELLO SURAJUDEEN
- 48. OKOH NEWTON WALTER
- 49 FYFREGRA LIFLIOMA
- 50 OSEKI CHIKA
- 51. MEME FRANKLIN C. O
- 52. OFOJEBE CHUKWUEMEKA JUDE
- 53. EJIKEME TOOCHUKWU BENJAMIN
- 54. OKPALA BONIFACE CHUKWUNEME
- 55. OKECHUKWU ZEBULON CHIAWOLAMOKE
- 56. OGUAKA VICTOR NWABUNWANNE
- 57. MUSTAPHA AISHA
- 58. LIAMA CHRISTOPHER HASSAN
- 59. AWOLEKE JACOB OLUMUYIWA
- 60. AGBO JOHN
- 61. ONCHE SAMUEL MALYOT

SOGON SECRETARY GENERAL REPORT FROM THE 52ND ANNUAL GENERAL MEETING



SECRETARY GENERAL REPORT

(November 24th, 2017 - November 20th, 2018)

** Presented at the 52nd SOGON Annual General Meeting held at the Main Hall of the Calabar International Convention Centre (CICC), Calabar, Cross River State, Nigeria on Wednesday November 21st 2018.

1. PREAMBLES/INTRODUCTION

It has been a year since the present Executive Officers took over in Sokoto in November 2017.

2. SOGON EXECUTIVE OFFICERS

In order to keep up with the pace of activities in SOGON, members of the Executives have to attend or represent the association at activities. With many activities held and sometimes about 2-3 in the same week the President, Secretary General and other Officers as well as some members in Abuja have had to represent the Society at different activities. Many of such meetings were fixed at very short notices. We are thankful to those who are called up at short notice.

3. SOGON HOUSES AND SECRETARIAT

One of the two SOGON Houses at Lokogoma Estate in Abuja has undergone minor renovation. The SOGON Secretariat, (SOGON House) has been in full operation and has hosted meetings.

A brand new 15KVA Mikano Diesel Generator was procured for the Secretariat in June 2018 is fully functional. This has enabled activities such as meetings and workshops to be held smoothly at the at the Secretariat. Extensive Electrical and Plumbing have been done. The leaking roofs in the conference room have been repaired.

4. SOGON WEBSITE

We had challenges with the Website designer despite the meetings we had with him. Following the decisions taken to get another person to manage the Website, we got him to hand it over to someone else who we hired and the Website became functional early this month. Work is however still going on. I am pleased to inform Members that we can now pay dues and new members that want to be inducted can pay on-line through the website.

5. SOGON NEWS

The last edition of SOGON News was released at the last SOGON Conference in Sokoto in November 2017. It was hoped that we could produce two (2) Editions during this year as against one (1) of last year although as was experienced previously funds is still be a challenge. Articles are however already being collected. But publication has been delayed due to financial reasons. We are hopeful to still publish it this year.

6. SOGON BUS

A Hiace Bus procured by the Previous Executives was delivered to the SOGON House on the 20th of December 2017. Due to issues with the bus, Council approved that the bus should be sold, It has was inspected by different people, however, it did not attract as much as we hoped. We however sold it to the highest bidder.

7. NEW CLINICAL INFORMATION FOR MEMBERS

There are numerous studies, reviews, guidelines, trials etc that are constantly being published and some of them that are relevant to our clinical practice are circulated intermittently. It is planned that all this information would be uploaded to the SOGON Website for all members.

8. MCSP PROJECT

The implementation of the Maternal and Child Survival Programme (MCSP) involving MPDSR and VOS ended in September 2018 in Ebonyi and Kogi states. Reports have been written. Draft bills on MPDSR have been developed for the two states.

9. MACARTHUR FOUNDATION PROJECT

The second phase of the MacArthur Project on MPDSR in FCT is still on-going. There were however a few logistics that are delaying its progress and release of funds. I am pleased to announce that this was finally sorted out 2 days ago.

10.MNCH2

This is still On-going in the North - Western states and Yobe.

11.GENERAL ELECTRIC (GE) PROJECT

The GE Healthy magination Mother and Child Initiative-Nigeria Vscan Access Education Project has been on in three states, i.e. Kano, Bauchi and Ondo States. We are rounding up the current phase and I met with the team in Abuia last month.

12 PATHEINDER INTERNATIONAL PROJECT

Pathfinder has continued to Support Cross River State on VOS.

13.DRPC PROJECT

This is a New Project involving Kaduna State and SOGON which recently commenced. The project is on Advocacy for Family Planning in Kaduna State. Trainings have been on-going.

14.CHAI Collaboration

We are currently involved with 2 Projects with Clinton Health Access Initiatives (CHAI). These are:

- Scoping assessment on incidence and cost estimation of abortion for which we had a Workshop in Abuja between the 26th to 27th September 2018.
- Developing a curriculum on safe termination of pregnancy for medical indication (Harm Reduction). We have informed those that would be involved with this and the meeting is scheduled for the Second week in December 2018.

15. SOGON 5- YEAR STRATEGIC DEVELOPMENT PLAN (2018 -2022)

SOGON has developed a New 5-Year Strategic Development Plan as the previous successful 4-Year Strategic Development Plan ended last year.

The Consultant to the Project, Dr. Olapeju Otsemobor of Wajomate Consultancy Limited, Abuja presented it at the Council meeting yesterday. It will be printed and disseminated to members

16 SOGON GUIDELINE WORKSHOP

Between the 19th to 21st of June, 2018 a Workshop on the Guidelines on Cervical Cancer Screening in Nigeria was held at the SOGON Secretarial in Abuja which was sponsored by Roche Diagnostics. We used the opportunity to develop and update three (3) other SOGON guidelines. About 35 SOGON members from all the Sectors took part in the workshop. The other quidelines were:

- i) Guideline on Management of Post Partum Haemorrhage.
- ii) Guideline on the Management of Severe Preeclampsia and Eclampsia
- iii) Guideline on Volunteer Obstetric Scheme (VOS)

A Public Presentation and unveiling of the Guideline on Cervical Cancer was held at the Ibeto Hotel in Abuja on the 21st of June 2018. It has been published courtesy of Roche Diagnostics, and has been disseminated to SOGON Members by provision of Electronic Copies.

We plan to launch and circulate the hard copies at this conference. The other guidelines done are ready but we are awaiting sponsorship for this. We are awaiting the Feedback from a company on this.

17. SOGON COMMITTEES

I am aware that some committees have had meetings. We hope to receive reports at the AGM.

The Committees we have are:

- >> Finance and General Purpose Committee
- ▶ Ethics and Practice Committee
- → Business Development Committee
- ▶ Clinical Practice Guidelines Committee
- ➤ Continuing Professional Development Committee (CDC)

18.52ND SOGON ANNUAL GENERAL MEETING AND SCIENTIFIC CONFERENCE

The Conference has commenced.

19.SOGON AWARDS

Honorary Membership SOGON AWARD will be conferred on His Excellency, Hon. Seriake Henry Dickson, the Executive Governor of Bayelsa State at the opening ceremony.

Fourteen (14) SOGON Members who have attained the age of 70 years will also be honoured. They are:

- » HRH Prof. Itam Hogan ITAM
- >> Prof. Asuguo Davis EKANEM
- ▶ Prof FricIme ARCHIRONG
- >> Prof. Celestine Theophilus JOHN
- >> Prof. Godwin Olu AJAYI
- ➤ Emeritus Prof. Frank Osato GIWA-OSAGIE
- ▶ Prof. Olasurobomi K. OGEDENGBE
- ▶ Prof. Olalekan Olatunde ABUDU
- >> Prof. Celestine Uche ODUM
- Dr. Afolabi F. DANIYAN
- >> Prof. Eugene Edenomehi OKPERE
- ▶ Prof. Jacob A. UNUIGBE
- » Prof. Augustine A.E. ORHUE
- Dr. Samuel Ebun AKINOLA

20.INDUCTION OF NEW MEMBERS

We hope to induct about 50 New Members at this year's Conference opening ceremony.

21.FIGO DUES

I am pleased to inform you that SOGON on Wednesday the 24th of May 2018 paid all its Membership Fees (Both what it previously owed and 2018).

The President, Honorary Treasurer and Myself met with FIGO concerning how many people we are paying FIGO dues for. We thought we were paying for over 1000 Members but on their records, we are paying for only 500 Members. There is a need for us to increase this.

22.TROPICAL JOURNAL OF OBSTETRICS AND GYNAECOLOGY

The outstanding debt has been paid to the Publishers and publications have continued to be regular.

23 AUDIT REPORTS

The Association continued with the Auditor that audited our accounts last year. His report will be presented as part of the Treasurers report.

24. SOGON MEMBERS ON HOSPITAL BOARDS

The President of SOGON has resumed as a Member of the Board of the National Hospital, Abuia.

25.FIGO REGIONAL CONGRESS

The FIGO Regional Congress of Middle East and Africa was held in April 2018. in Dubai. Over 50 Members of SOGON attended the Conference. We also participated at the Meeting of AAFOG

26.FIGO WORLD CONGRESS

This took place at the Riocentro in Rio de Janeiro, Brazil. It was attended by over 11,000 participants. Nigeria had a delegation of about 120 Members. It was a successful congress. Nigeria participated actively at the conference. There were many papers presented by Nigerians and Nigerians Chaired some conference sessions.

SOGON hosted all Nigerians who participated at the conference from Nigeria and other counties to a meeting. We also inaugurated a SOGON Diaspora group to look into ways that SOGON Members can collaborate more from our colleagues in the Diaspora.

We thank the Ambassador (Consul-General) of Brazil to Nigeria for granting visas to all SOGON Members that applied for the FIGO World Congress. We also thank the Nigerian Ambassador to Brazil who acknowledged our presence in Brazil.

27. NOMINATION INTO THE FIGO EXECUTIVE BOARD

The Royal Australian and New Zealand College of Obstetricians and Gynecologist (RANZCOG), South Africa and Tunisia, nominated SOGON to be a member of the FIGO Executive Board in the FIGO 2018 Elections. We accepted the Nomination. We however lost out during the Voting process at the World Phase. South Africa, Egypt and Sudan were elected to represent Africa.

28 FIGO AWARDS

Prof. Hadiza Galadanci was Presented with the FIGO Women's Awards 2018 at the FIGO Congress in Brazil in October 2018.

29.SOGON MEETING WITH ACOG

Prof. Fakeye on behalf of SOGON met with ACOG in Washington, USA on March 28th 2018. In attendance were:

- >> Dr Barbara Levy, Vice President, Health Policy, ACOG
- Ms Carla Eckhardt, Senior Director, Office of Global Women's Health, ACOG
- Dr Berhanu T Taye, Program Director, ESOG/ACOG capacity building program, ACOG

Collaboration with SOGON and Nigeria were discussed.

As a follow-up to this a Committee was inaugurated at the last Executive Council Meeting so as to look at collaboration with the NPMCN and ACOG.

30. SOGON NEW PARTNERS

SOGON held meeting with a lot of new Partners. Some of them are:

- i) Clinton Health Access Initiative (CHAI). We have started collaborations with them.
- ii) Ferring Nigeria.
- iii) LDS Charities.

31. SOME COURTESY CALLS

Apart from the visits to SOGON NGO Partners, we visited:

- i) Dr. Ibrahim Wada at the NISA Hospital in Abuja on the 6th of December 2017.
- ii) Courtesy call on Past SOGON President, Dr. (Chief) Yomi Finnih on December 10th 2017 following the loss of his son.
- iii) Courtesy call on the Commissioner for Health and the Governor of Bayelsa State on the 8thof January 2018. An MOU on Enhancing Maternal and Newborn Health in Bayelsa State through effective partnership was signed with the state Ministry of Health.
- iv) Visit to Past SOGON President, Dr. Fred Achem on the 14th of March 2018 prior to his 70th Birthday celebration.
- We had a meeting with the Ambassador (Consul-General) of Brazil in the Embassy in Victoria Island Lagos on Wednesday the 16th of May, 2018 in preparation for the FIGO World Congress.
- wi) We paid a courtesy visit on the Honorable Minister of Health Prof. I.F. Adewole in his office in Abuja on Wednesday the 23rd of October, 2018.We were well received and he promised to support SOGON amongst others.

32. PARTICIPATION AT ACTIVITIES AND MEETINGS

SOGON has continued to participate in many activities that we were invited to. Members have also continued to held to develop many Health policies.

33.ASSOCIATION OF FETOMATERNAL MEDICINE SPECIALISTS OF NIGERIA (AFEMSON) AND ASSOCIATION FOR FERTILITY AND REPRODUCTIVE HEALTH (AFRH) CONFERENCES

- → AFEMSON was held in Kano between the 17th to 20th July 2018.
- → AFRH held in Lagos in September 2018.

34.WORKSHOP TO DISSEMINATE WHO NEWLY RELEASED RECOMMENDATIONS ON REPRODUCTIVE, MATERNAL AND NEWBORN CARE TO ECSACOG

This was held in Kigali, Rwanda between the 30th of July to 3rd of August 2018.

35.TRANSITION

We lost 2 of our Senior Members.

- i) Prof. Stephen. N.N, Nnatu --- July 2018
- ii) Prof. John EN Okonkwo -12th October 2018

36.CONCLUSION

It's been a very tasking year but we continue to try to improve to make our impact. We are hopeful for a better year ahead.

Dr. Chris O. Aimakhu

Secretary General, SOGON

ON THE LIGHTER SIDE

THE MIRACLE

---- Dr. Olufemi Omololu

Repeated motions culminating in loud explosions, Fusion the end product, rather than dispersion.

Ordered structuring ensues,

Architected by the grand design,

Sustained by the fifteenth letter and second number. Saccharine and co-factors playing their part.

Form in void surrounded by water.

Rippling to the beat of the persistent drumming, As seconds produce minutes, hours, days and months

Shadows are transmitted to the exterior

Vague sightings of the peaceful interior.

In due season it's time to blossom.

Heralded by silent thunder and spurting streams. The portal opens as the fruit of the seed emerges.

With grunts, gasps, shouts and wailings as the theme music.

The sound of crying can never bring more joy.

MATERNAL MORTALITY

---- Dr. Olufemi Omololu

.....and so the woman died

Died with her hopes, her dreams, her potential and her love

Love for the 3 children she left behind, the last one a 3 day old baby

Who might soon join her beyond if special care is not

Love for her husband, who must be confused at the adjustment he has to make

She died.....

because she wanted to have a baby Because she had a surgery to deliver the baby Probably because the surgeon wasn't skilled enough Because she bled after the surgery

Because she couldn't get enough blood after Because her kidneys failed after

Because she wasn't referred early enough

Because (all) efforts at resuscitation proved abortive

Because of a struggling health system

Because of a plundered country Because of.....so many causes

So many opportunities to stop the death

From before pregnancy to antenatal care to delivery and to the postpartum

We're these opportunities seen? Could they have been taken?

Could more efforts at prevention, treatment and resuscitation been taken?

I think we all know the answer is ves

Let us move from knowing to acting

Let us act in prevention, treatment and

resuscitation Let us go the extra mile

Let us have more compassion

Let us not be numb to death

Let us remember our calling as health care personnel Let's save their lives

So help us God

WHATSAPP IN THE LAGOS SECTOR

---- Dr. Olufemi Omololu

Without a doubt WhatsApp is now the fastest and most effective means of communication in Nigeria. and maybe indeed the world. It also has a binding effect as faceless people in a group are heard and sometimes seen. Quite a few remain hidden though as the READ ONLY MEMBERS caucus follow everything secretly.

The SOGON Lagos sector got in on the act about two years ago and it has been a very wonderful experience. Being a professional group, there are ground rules and thus the flurry of irrelevant posts which could deter people from such groups were enforced. Indeed too strictly initially, as some senior members found themselves at the mercy of Admin.

With law and order in place, healthy OBGYN discussions rule the group. We have our chief academic contributor Dr Lateef Akinola who posts

enlightening current research findings and controversies especially in fertility medicine and endoscopy. However these don't always generate responses as I'm sure some are filed under "to be read later. Discussions are more vibrant in response to real life cases with diagnostic and management dilemmas. People start moving stuff which are academic or practical or appropriate with local context. These educational sessions are quite uplifting. You can imagine, given the collective minds in the group, which includes the President of the National body of SOGON, Professor Rotini Akinola.

Opportunities for further knowledge and skill growth are publicised with different trainings, workshops and seminars. frequently announced.

More interesting discussions are when some quackery is exposed or OBGYNS are criticised in public space. We become detectives and lawyers as we seek to find the truth and correct the wrong. We even have a crack team who goes undercover to fish out the truth. Cases like the sleeveless gown butcher surgeon, the manual removal pervaginam myomectomy surgeon, the police protected self proclaimed midwife, and the television correspondent who blasted us come to mind. We do a good job in protecting our trade. Thank you Juwon.

There is occasionally cause for celebration, as inaugural lectures are announced, new hospitals opened, promotions and appointments celebrated, and of course some birthdays. Medical, especially Obstetric and Gynecology related jokes are quite welcome as we have been labelled ghana-cologists, aga doctors among other laughter stimulated posts.

The beauty of this group is the camaraderie it has promoted amongst the very many gynaecologists in Lagos. When we have gatherings people start putting faces to the posts; handshakes feel like "I've known you for years" between people meeting for the first year. It has made the sector more united. We need the bond. The annual SOGON 2020 conference will be a display of how strong the sector has become.

JOKES

----Dr. Olayinka Ogunbode

Due to a job transfer, Brian moved from his hometown to New York City. Being that he had a very comprehensive health history, he brought along all of his medical paperwork, when it came time for his

first check up with his new Doctor. After browsing through the extensive medical history, the Doctor stared at Brian for a few moments and said, "Well there's one thing I can say for certain, you sure look better in person than you do on paper!"

So this old man goes to the doctor and the doctor says, "You're test results came back and I'm afraid I have some bad news. You have Cancer and you have Alzheimer's". The old man says, "That ain't so bad, at least! don't have Cancer!"

Mrs. Smith a mother of nine children, was expecting her tenth within a few days, complained: "I'm tired of having babies." "Then why don't you stop? asked her gynecologist. Mrs. Smith replied," It's the only way I know of to keep the youngest from being spoiled."

GYNAECOLOGIST

Q: What's a definition of a gynaecologist? A: Gynaecologist is a person who looks for problems in a place where most people find pleasure

Why Gynaecology.

A young doctor just out of medical school announced to his wife that he planned to specialize in gynecology. When she asked him why he chose gynaecology, he said simply, "There's lots of openings!"

An OB/GYN student is late for his final exam.

He races out of bed, gets dressed, and is out the door in 5 minutes. He quickly gets to the lecture hall and sits down just in time to receive a test.

Unbeknownst to him however, he had run to the wrong room: the Law lecture hall. The student reads over the first question, assured in his ability, but is shocked when he doesn't understand the first question: "Advice offered to the court by a third party," Why is this on my medical test? He thinks. The man glances over to his right in askance, but sees the other students diligently writing. Determined to not make a fool of himself, he writes "prescription".

He reads the next question: "An admission of guilt on the principle of not contesting the charges." He glances around again, confused, and ends up writing "c-section". He reaches the third question, and is well and truly lost. "The principle that recognizes legal practices, regardless of whether they are codified." He writes down "delivery", but then leans over to ask another student for help. The other student glances at his paper, and says: "It's not delivery! It's de jure, no?"

ON-GOING SOGON PROJECTS

 SOGON-CHAI PROJECT – IMPROVED QUALITY OF MATERNAL HEALTH CARE CAPACITY BUILDINGIN KANO, KADUNA, KATSINA AND RIVERS STATES (2018-2020)

In collaboration with Clinton Health Access Initiative (CHAI), SOGON is developing capacity-building curriculum focused on in-service training of medical practitioners in selected facilities in CHAI supported project States.

Goal:

■ To improve reproductive health service delivery by building capacity of medical professionals on obstetrics care, harm reduction in medically indicated abortion, post abortion care and family planning services in Kano, Kaduna, Katsina and Rivers States.

Objectives:

- To develop harm reduction training manual from the FMOH harm reduction guidelines (also referred to as Termination of Pregnancy guidelines for medical indication) for training of Medical Doctors in selected facilities
- To train Medical Doctors at public PHCs, Secondary and Tertiary Hospitals in Kano, Kaduna, Katsina and Rivers States on Family planning, BEmONC and Harm reduction in medically indicated abortion.



Group picture of participants at the Master Trainers Workshop in Abuja

2) SOGON – Mac arthur MPDSR SUMMARY OF ACTIVITIES REPORT – 2017 - 2019

MATERNAL PERINATAL DEATH SURVEILLANCE AND RESPONSE (MPDSR)

- SOGON with support from MacArthur Foundation has successfully piloted Maternal and Perinatal Death Surveillance and Response (MPDSR) in 6 health facilities in the Federal capital Territory namely: Nyanya, Bwari and Kwali General Hospitals (secondary health facilities), and Kwali, Gbagalape, and Kogo (primary health facilities) as a continuation of the previous grant from the Foundation. Also, in collaboration with the FCT MPDSR committee, SOGON has successfully scaled-up MPDSR intervention to two (2) Tertiary Hospital, Eight (8) Secondary Facilities and Thirty (30) PMC facilities in FCT.
- Furthermore, in conjunction with the Federal Ministry of Health, FMOH, FCT-MPDSR committee and Rotary International, the project has successfully introduced electronic collection of data to supported facilities.

PROJECT GOAL

 This is to improve Maternal and Perinatal Health in Nigeria through the institutionalization of MPDSR in the Health Care System.

PROJECT OBJECTIVES

- To improve quality of Maternal and Perinatal Health Care
- To support the FCT Government to fully scale up on MPDSR
- To introduce electronic data collection i.e. mobile phone application for data collection.

3)SOGON/dRPC/PAS PROJECT

The Partnership for Advocacy in Child and Family Health at Scale (PACFaH@Scale) is a social accountability project which aims to strengthen the capacity of the Nigerian health system and indigenous Civil Society Organizations (CSOs) at

 $national \ and \ state \ levels \ to \ design; \ implement; \ monitor \ and \ evaluate \ evidence \ based \ health \ advocacy targeting \ the \ executive \ and \ the \ legislature \ as \ advocacy targets.$

The project is funded by the Bill and Melinda Gates Foundation (BMGF) and implemented by the development Research and Project Centre (dRPC).

The project focuses on the following issue areas;

- Routine immunization
- Family Planning
- Amoxicillin as the first line treatment for Pneumonia and ORS-Zinc as treatment for childhood diarrheal diseases
- Primary Health Care Under One Roof



Advocacy Visits to the Chairman Senate House Committee on Health/Chairman House Committee on Health Federal House of Representative.





Photograph during SOGON-PAS Mini-Conference on Universal Health Coverage Towards Reducing Maternal Mortality: The Role of Child Spacing and Family Planning.

SOGON NEWS ICON

PERSONALITY PROFILE AND BRIEF INTERVIEW WITH PROFESSOR EDWARD EJIRO EMUVEYAN

Professor Edward Ejiro Emuveyan was former professor and Head of the Department of Obstetrics and Gynaecology of the College of Medicine, University of Lagos/Lagos University Teaching Hospital, Lagos. He was also a former Reproductive Health Consultant to the United Nations Fund for Population Activities (UNFPA) in Freetown, Sierra Leone. He was Secretary and later chairman of the Faculty of Obstetrics and Gynaecology of the West African College of Surgeons and a one time Chairman of the Lagos Sector of the Society of Obstetrics and Gynaecology of Nigeria (SOGON)

He was one time Editor of the Nigerian Medical Journal and the Foundation Editor of the indexed Nigerian Journal of Clinical Practice the official Journal of the Medical and Dental Consultants Association of Nigeria.

Good afternoon sir. We thank you on behalf of the Society of Gynaecology and Obstetrics of Nigeria (SOGON) for granting us this request to have a short interview with you sir. We bring greetings from the SOGON President, Council Members and the entire members of SOGON.

SOGON News: Can you tell us briefly about yourself sir?

Prof. Emuveyan: Thank you for the honour of inviting me for this interview. I was born on 9th August 1945 at Okpara Waterside in Ethiope East local Government Area of Delta State. My father was Chief Adievuware Emuveyan was a native of Okpara and Ovulnland while my mother Mrs Inaba Emuveyan was a native of Okpara and Orogun Waterside.

SOGON News: Briefly tell us about your Family.

Prof. Emuveyan: I am married to Barr. & Mrs. Mercy Esiowe Emuveyan who is a holder of five degrees two of which are in Education and Law. My wife holds a Masters Degree in Law. We are blessed with 5 children (3 gifs and 2 boys) In chronological order the first is female and she is a Geologist. The second is male and he is a medical doctor and a lover of football, the third is a female and she is a nenvironmental scientist, the fourth is a female and she is a movironmental scientist, the fourth is a female

and she is a civil engineer while the engineer while the fifth is a male and he is a lawyer. The fifth child who is a lawyer also holds a Masters Degree in Law. My wife and I, my second and third daughters and my last son are all proud graduates of the Great University of Lagos.



SOGON News: Can you tell us about your early life and educational carrier?

Prof. Emuveyan: I had my primary education at St Patricks No 1 Catholic School, Sapele and my secondary education at the Government College Ughelli (GCU). Later I went to the Faculty of Science, University of Lagos for one year before I proceeded to the then University of Lagos Medical School now the College of Medicine. University of Lagos where I graduated in 1973. I did my house-manship at the Lagos University Teaching Hospital in 1974 under Prof J.B Akingba (O&G), Prof. J.O. Mabayoie first Registrar of the Nigeria Medical Council(Medicine) and Prof. Akin O. Adesola (Surgery) in that order and my National Youth Service at the Department of Obstetrics & Gynaecology, Ahmadu Bello University Teaching Hospital, Zaria under Prof. Kelsev Harrison and Prof. Lister, By coincidence my set of Youth Service in 1974 was the first set of medical doctors to participate in the National Youth Service which started a year earlier in Nigeria. Thereafter, I started my residency training in LUTH. Five months precisely after I passed the FMCOG Part 1 examibnation in May 1980, by the grace and favour of my teacher, mentor and friend Prof. Aiibayo Akinkugbe I was sent to the Jessop Hospital for Women in Sheffield, South Yorkshire, England where I spent a great one year under Prof. Ian David Cooke, an internationally renouned reproductive endocrinology and fertility

expert who opened doors in all areas of knowledge, skills and learning and how to relate to people to me. Incidentally Prof. A Akinkugbe had also secured for me a place in the famous Chicago Lying Ward under Prof Jospan while Prof. Oladele Akinla had secured a place for me in Kings College Hospital London under Mr. Brudnell.

Post fellowship training Prof. Akin Agboola recommended me for a Reproductive Health Course organized by the Rockeffeller Foundation of New York in Nairobi Kenya directed by Prof. Japheth Mati of the University of Nairobi and the Kenyatta National Hospital. Nairobi. That course opened the gates to my 15 other selected colleagues from 8 African Countries and grants and awards and travel fellowships culminating in my becoming a member of the South to South Cooperation in Reproductive Health with headquarters in Salvador. Northern Brazil.

SOGON News: Why did you choose to become a Medical Doctor?

Prof. Emuveyan: My mother Madam Inaba Emuvevan was married to Chief Adievuware Emuyevan, the eldest child of the Emuyevan family at the age of 18 years. She had four children two boys and two girls. Unfortunately, three of her children died between 1949 and 1955 thereby leaving me as her only child until her death. The agony of the loss of her children and other vicissitudes of life created for a mindset of constant apprehension and she prayed for me three times a day. She was a traditional midwife with unimaginable knowledge and skills. My mother loved me, my wife and our children with passion and she named all her grandchildren, Rukevwe, Ejiro, Ogheneyoma, Oghenetejiri and Enava apparently reflecting her feeling of hope as they were born. She took care of every grandchild for the first 90 days of life. She taught her family members particularly myself, my wife and grandchildren to be deligent and dedicated to their vocations and never to count the cost of helping other people.

My unbringing by my mother set the stage for my choice of medicine as a career and

obstetrics and gynaecology as a specialty.

SOGON News: Where did you work early in life and do your Postgraduate Training?

Prof. Emuveyan: As discussed above my housemanship was in LUTH, my National Youth Service in ABUTH, Zaria, my Residency in LUTH and Jessop Hospital Sheffield. England.

SOGON News: What influenced your choice of specializing in Obstetrics and Gynaecology and also going into Academics?

Prof. Emuveyan: My mother was my greatest influence in choosing to study medicine and to be an obstetrician and gynaecologist. While my teachers and trainers influenced my choice of academics. It would have been a great waste if after all my exposure I opted to serve my own interest. I would never have been happy. I love to teach and encourage young people as I was happily taught by great teachers.

SOGON News: How was your carrier at the College of Medicine, University of Lagos and the Lagos University Teaching Hospital? What were your research interests and what would want to be remembered for?

Prof. Emuveyan: I had a smooth training and working life in CMUL/LUTH, I passed all my specialist examinations at first attempt and my teachers and colleagues were very kind to me. When I returned from my one year abroad, I was most loved by everybody / I was appointed the chief resident to over four others who were my seniors and curiously and wonderfully they also respected me. The consultants and professors accorded me great respect and I put my life into the work I did leading to great influence and respect from medical students and even residents from other departments. Prof. Agboola gave me such support and told me that if I continued to be focused that the sky will be my limit. No doubt I know from encounters with many doctors who trained and worked in LUTH. I believe that I prefer to be remembered more for what I did in LUTH as a chief Resident then than all I did thereafter.

My sense of nationalism is greatly influenced by my acceptance in LUTH in spite of been from



a minority ethnic group. I prefer to be a small Nigerian than an ethnic champion. The best people to me have not been my tribesmen and they embraced me with open arms. It is possible that the best is still to come when we all will have the sense to accept and access people by their worth. Three descriptions of me as a "genius" by my primary school teacher an Iboman from Ibuzo, "a person who will do your job better than you yourself" by a Yoruba woman and "a jewel of her hospital" by a Yoruba woman and CEO who is a paediatrician. What else will satisfy you after all these than to thank God for your life.

My research interest is in reproductive endocrinology and fertility regulation. My dissertation from Sheffield was on "The Investigation of Amenorhoea" and I had a special interest in "Hormone profile in Conception cycles". Lately, as chairman of the Nigerian National Programme on PMTCT for ten years from inception to 2010 I had also developed great interest and concern for the prevention of mother-to-child transmission of HIV infection.

SOGON News: What do you think about the Residency Training in the past when compared to the present time?

Prof. Emuveyan: We were very busy during our residency training days. Residents would sleep on patients trolleys in between cases. We also had many patients to fewer residents.

Today with Health Maintenance Organisations (HMOs) taking over most patients there are few patients to many more residents. It is difficult to think that the standards can be the same.

Moreover, the residents of today are mainly milennials who have to face the challenges of this time. They were all born after 1984 and are a tough group to manage. They are unentittled, narcicistic, self interested, unfocussed and lazy. Most of them have grown up subject to failed parenting strategies, thereby they devalue the reward for those who work hard. Cell phones and social media have come to worsen things by releasing dopamine regularly in these residents. I am sure that you know that the

brain dopamine system is involved in various neurological and psychiatric disturbances such as Parkinson's disease, Schizophrenia and cocaine addiction. When you ask residents question the first thing they do is to goagle it.

It will be a nice study to conduct examinations in which you allow the residents to carry all their textbooks and cell phones. I predict that they will not be able to answer all questions and their grades will be lower.

Notwithstanding, a period of the training should be outside the country to give residents the opportunity of seeing and using high tech equipment as well as seeing the attitude of other people to training and work.

Residency should not be mingled with private practice. Remain poor today so that you can be richer in knowledge and skills for the work you will do for the rest of your professional life.

On a lighter note residents of today must learn to be patient and develop some sense of moderation in whatever they do

SOGON News: What are your views on a lot of Young and Newly Graduated Medical Doctors opting to go out of the country as soon as they graduate?

Prof. Emuveyan: Whatever you do some newly qualified doctors will go outside the country to work or train. However, we need to improve on our hospitals and research institutions by way of investment to ensure that our equipment meet the minimum standards worldwide that will encourage our doctors to have a sense of fulfillment in working at home.

We should not say that they can go if they like as that action would drive them further away and before we know it only those who cannot go because they cannot pass the foreign examinations will be left at home. It is clear that the home brigade of doctors will be the poorer ones providing low level care to our people.

SOGON News: What are your experiences as an Examiner to the Postgraduate Medical Colleges?

Prof. Emuveyan: I have been an examiner for the postgraduate colleges since 1990 and it has

been rewarding. The conditions for the examiners is very poor but I believe that with time it can be better.

It is a great sacrifice for our country and the subregion. Over time it should translate into improved health care for the citizens. It is regrettable that the governments in Nigeria and the other West African countries do not acknowledge that without the postgraduate colleges running only by their efforts in the last 30 years, the health services would have been grounded.

Thank God for the patriotism of all fellows of the various colleges.

SOGON News: As a Past Chairman and Secretary of the Faculty at the West African College of Surgeons, did you have a few challenges and if so what were the major ones sir?

Prof. Emuveyan: Over the years emerging challenges have been systematically tackled and today we have a seemingly smooth operation in our activities to the extent that most colleges have operations manuals. From point of view of welfare current format has reduced challenges of accommodation and feeding when we were using only UI Guest House. In operations our conference marking first started in O & G faculty when I was chairman in O & G. It was as a result of a late female examiner from Ife who took our scripts away to Ife during the examination weekend and delayed all our arrangements for that very examination in Ibadan. Curiously, that step we took to correct an obvious challenge has taken root across all faculties in WACS and spread to all postgraduate medical colleges.

SOGON News: What is your opinion on Subspecialization in Obstetrics and Gynaecology?

Prof. Emuveyan: I believe that we should look at what happens in the other colleges and faculties who are producing subspecialty consultants at the end of their residency trainining and perhaps we fashion our curriculum along that pattern rather than creating another unending certification post Part 11. The examples of Internal Medicine (you exit as an endocrinologist, respiratory physician etc) Laboratory Medicine, Surgery

(you exit as a urologist, general surgeon, orthopaedic surgeon, neuro surgeon etc)

It may require a restructuring of the training post part I to reflect subspecialty interest and the dissertation to be the highlight of the training at that level. Currently in my opinion the two years is wasted as many do not examine at a higher level than they did at the Part 1 level. Post Part I the residents go around as "acting Consultants". This is a false sense as they forget all they learnt before the Part I examination that they fortunately passed. Even Post Part 11 you are not a consultant until you are so a anopinted.

SOGON News: Candidates at the Postgraduate Examinations were sometimes afraid of running into you at clinical and oral examinations because of your current and indepth knowledge of the specialty, what do you think of this?.

Prof. Emuveyan: All through my life I have been taught by the best teachers and wonderful and selfless men and women I have also been examined by the best brains Worldwide ranging from Prof. Romanace of the Cunningham Series in Anatomy, Prof. Molisson of Chromium 51 tag for the lifespan of the red cell in Haematology, Prof. John Lawson, Prof Hendriske and Prof. Mac Vicar from Leicester in Obstetrics and Gynaecology. I was trained by friendly and patriotic Professors in LUTH and at the Jessop Hospital for Women, Sheffield. Majority of my trainers were unanimous in who I am. Glory to God.

Through goodwill of men I had strong support throughout my professional working life from the Rockefeller Foundation, the Planned Parenthood Federation and the last but not the least courtesy Professor O. Ladipo of the South to South Cooperation in Reproductive Health.

It would have been a travesty if I was not a formidable examiner by virtue of cumulative knowledge and skills. I am happy that no candidate I examine forgets me. I build on what my candidate says and if I have the option of starting the examination no candidate can ambush me. I have learnt tremendously from what my candidates in undergraduate and postgraduate

examinations have told me. I may be remembered for a long time by many doctors all over the world and if you care read my autobiography.

- **SOGON News:** Can you give some words of encouragement to a young doctor who wants to specialize in Obstetrics and Gynaecology.
- Prof. Emuveyan: A young doctor who wants to specialize in Obstetrics and Gynaecology needs as a foundation a sound knowledge of the basic science of obstetrics and gynaecology as all the principles of our specialty are derived from them.

Once he/she is able to pass the primary fellowship examination, he/she should attempt through examination to enter a reputable Residency Training Program in a University Department

He should be focused and loyal doing his duties diligently and ungrudgingly. There is no room for private practice as this is distractive.

You should seek knowledge and skill from whoever can help you even if the consultant is not the consultant you are assigned to..

- SOGON News: We are aware that you recently worked in a Medical School outside the country. Can you tell us about your experience?
- **Prof. Emuveyan:** Working outside your country can be pleasant and equally unpleasant.

I worked as a Reproductive Health Consultant to the United Nations Fund for Population Activities(UNFPA) in Freetown. During the two year period 2010 - 2012 the Minister of Health & Sanitation of Sierra Leone sort permission from UNFPA and appointed me as the Consultant in charge and CEO of the Princess Christian Maternity Hospital, Freetown an institution that delivered more than 5000 women in 2011. We had a class of 50 Medical students who had their rotation through PCMH thatyear.

The experience was different from experience back home. There were excellent medical students and I loved teaching them and they were humble and grateful.

I could not say the same about the medical officers, senior registrars and Consultants. While some appreciated the sacrifice to assist them others were more worried by the fact that they thought we were well paid. It appeared that the presence of foreigners prevented them from what they were used to doing to their patients. That was the basis of their xenophobia.

I advise that before you leave your country to any other country to work, you should think twice. If you cannot take insults from professional subordinates don't attempt to leave your country. They will tell you that you were jobless in your country hence you came to their country. Even their well meaning nationals who know that such behavior is wrong will not save you. They will be afraid to speak out in your favour.

Your peace as a young doctor lies in working where the people respect you and in return you serve them.

SOGON News: What is your philosophy of life?

- **Prof. Emuveyan:** I believe in addressing challenges by critical, general and systematic approach and I rely on rational argument
- SOGON News: Who was your role model if you had any sir?
- Prof. Emuveyan: My role model was the late Professor Horatio Oritsejolomi Thomas, founder and First Dean/Chairman of Board of the University of Lagos Medical now College of Medicine, University of Lagos Lagos University Teaching Hospital, Lagos. He was a great charistmatic teacher, surgeon and an ebulent administrator from a Sapele aristocratic family in the then Midwestern Region of Nigeria. May his soul rest in perfect peace.
- **SOGON News:** Do you belong to any Social Group?
- Prof. Emuveyan: I belong to the Urhobo Social Club, Lagos and for four years I was the general secretary.

Urhobo Social Club is a non-political club of eminent quality minority people. Everything members have are from their sweat and efforts

with no help from the communities, local, state or Federal governments. Urhobos are the fifth most populous ethnic nationality in Nineria.

SOGON News: What is your favorite dress style?

Prof. Emuveyan: I prefer to wear Kaftan with a cap to match any day.

SOGON News: What is your Favorite Meal?

Prof. Emuveyan: My favourite meal is vegetable soup, fresh fish and shrimps and pounded yam.

SOGON News: What is your routine now as a retired Professor of Obstetrics and Gynaecology? What is your typical day like?

Prof. Emuveyan: Even in retirement I will be sick if I don't work.

A typical day starts with my reading at least five abstracts of newly published articles followed by my selecting one that is most relevant to read the entire paper.

I then check in the internet for citations in which I have been mentioned in Academia.

I then go to do any consultancy I have for the day, I do not go outside Festac Town.

At the end of the day I check on what is happening at the Pentecost Medical Centre which I freely helped the Anglican Communion to establish for our parishioners in Festac Town.

SOGON News: How do you spend your leisure time? Do you play games?

Prof. Emuveyan: I spend my leisure time swimming.

I have 30 minutes slow walk at least thrice a week in our neighbourhood that is excluded from the main expressway by only one row of houses for safety

SOGON News: Do you like listening to music? If so, who is your best artist.

Prof. Emuveyan: I love Halleluyah chorus from Messiah by George Frideric Handel.

SOGON News: Do you have any regrets in life?

Prof. Emuveyan: My last outing to Freetown December 2016 to October 2018 was one trip too many. Its concept was completely wrong, execution was a nightmare and outcome was a disaster. During the period I conducted 364 early morning reviews from 8.00am to 9.30am each day. The moles may have been present laughing at me in my innocence. God forgive them

What gave me hope was the number of well meaning Foreign NGO personnel and Siera Leonneans whether senior medical professionals, medical students, nurses and midwives, senior administrators and members of the Freetown community who were endeared to me. To the memory of the gory details that I prefer to forget I leave this public characterised testimony to posterity.

Interestingly since I returned to Lagos Nigeria on 12th October 2018, things have taken a completely different turn and I am a different person and my happiness is full. Now I believe that things don't just happen and they do for God's purpose for His people.

SOGON News: What was the happiest and your saddest day in life?

Prof. Emuveyan: The happiest day in my life was when I gave my Inaugural lecture "The gynaecologist as a clinician and researcher: A career of hope" in exactly 60 minutes on 17th July 2010 at the Auditorium of the University of Lagos. The Vice Chancellor's remarks at the end of the lecture crystalised my dreams of diligence and constant supplication to Almighty God.

In contrast, my saddest day was when my mother died on 20th April 2004 followed by 17th July 2004 when she was buried at my hometown Okpara Waterside before a big crowd which included over 50 consultants out of which there were over 20 professors. I was happy that my colleagues showed me love but very sad that my mother left me alone in this wicked world

SOGON News: You were a Past Chairman of SOGON Lagos Sector. Can you tell us about your experience and indeed your SOGON experience?

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Prof. Emuveyan: I joined SOGON in 1982 and I enjoyed the membership of the society. I have been Secretary of LOC for SOGON 1999 and successfully hosted the now famous revolutionary election of that year in Ikoyi Hotel Lagos. I became Chairman of the Lagos Sector and I was responsible for the sale of our Lagos House in 2011 at a price of N40,000,000 (Forty million naira) and I handed this money over to the SOGON Tressurer. I am sure not many members knew of this but that was my stewardship.

SOGON News: How will you access SOGON presently?

Prof. Emuveyan: SOGON has made great strides and is on the match to greatness. In this, my appeal is that people who cannot make impact should not seek office. If you do not have enough experience in modern day governance of organizations don't come out to spoil SOGON.

I wish SOGON the best of luck in finding people who can lead it successfully.

SOGON News: What are your views about the health care system in Nigeria today?

Prof. Emuveyan: Our health care in Nigeria is deteriorating as the dream of NHIS and HMOs have been hijacked by the moles in our society. A review of the NHIS and HMO operations guidelines is overdue.

The NHS in the United Kingdom did not destroy the training and workability of health care there and the brand of ours should not produce the opposite in Niceria.

SOGON News: What are your concerns about the Maternal services in Nigeria?

Prof. Emuveyan: Everyday we dream that maternal health services will improve in Nigeria without translating it to action. Most women still deliver at home because they cannot afford the cost of hospital delivery.

It is high time that we move from rhetorics to practice by providing free antenatal and delivery services to all pregnant women including lactating women as well as free services to all children under the age of 5 years. **SOGON News:** What is your secret for looking so young and healthy?

Prof. Emuveyan: This may be genetic but I contribute to my health through adequate rest and relaxation as well as not allowing anything to worry me.

Adequate rest, adequate sleep and less stress are keys to good health.

I do not drink alcohol or smoke cigarettes both of which are risk factors for cardiovascular disease

SOGON News: What advice do you have for younger colleagues?

Prof. Emuveyan: Young colleagues need to understand that they should do whatever they do with moderation

They should also expect nothing from what they do so that they are not disappointed.

SOGON News: We that you sir for sparing time for thus interview. We wish you many more happy years in good health sir.

Prof. Emuveyan: Thank you.



PICTURES FROM THE 52ND SOGON AGM AND CONFERENCE CALABAR NOVEMBER 2018

















OPENING CEREMONY OF THE SOGON CONFERENCE AND AGM CALABAR NOVEMBER 2018

















SOGON AGM CALABAR NOVEMBER 2018













SOGON CONFERENCE DINNER CALABAR 2018









SOGON SCIENTIFIC SESSION AT THE WACS CONFERENCE IN DAKAR SENEGAL IN JANUARY 2019









SOGON MEETING WITH THE IMMEDIATE PAST HONOURABLE MINISTER OF HEALTH PROFESSOR ISAAC F. ADEWOLE















SOGON AND CHAI

CURRICULUM DEVELOPMENT TECHNICAL WORKING GROUP MEETING HELD AT SOGON HOUSE, ABUJA IN DECEMBER, 2018

SOGON AND NORDICA

INTRAUTERINE INSEMINATION (IUI) TRAINING IN ASABA, ABUJA AND ABEOKUTA IN 2019















LAUNCHING OF SOGON GUIDELINES ON PREVENTION OF CERVICAL CANCER HELD IN ABUJA













SOGON PRESIDENT AND SECRETARY GENERAL WITH THE FIGO PRESIDENT AND EXECUTIVE COUNCIL MEMBERS AT THE FIGO EXTRAORDINARY GENERAL MEETING IN MANILA. PHILIPPINES ON 12TH NOVEMBER. 2019







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Abstract Submissions and Delegate Registration WILL OPEN IN 2020

For updates, please sign up at FIGO2021.ORG

SOCIETY OF GYNAECOLOGY AND OBSTETRICS OF NIGERIA (SOGON)

www.sogon.org
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AFFIX PASSPORT PHOTOGRAPH

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NOTE: All applications must be received at least one week before the Annual Conference where new members are formally admitted.

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SOCIETY OF GYNAECOLOGY AND **OBSTETRICS OF NIGERIA (SOGON)**

10th International Scientific Conference 33rd Annual General Meeting

Date: 3rd - 6th December, 2019

Pre-Conference Workshop 4th December, 2019

Venue: International Conference Centre.

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Theme:

SCOURGE OF GYNAECOLOGICAL CANCERS - TIME FOR ACTION

- Sub-Themes: 1. Improving access to Assisted Reproductive Technology in Nigeria 2. The use of ICT for improved maternal health

 - 3. Basic Health Care provision fund; opportunity for improved maternal health in Nigeria

(N)

4. Respectful maternity care and family planning

Society of Gynaecology and Obstetrics of Nigeria

REGISTRATION

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hstract

Maximum of 250 words Visit the Conference Website at www.sogonabuja2019.org for Abstract submission. Conference Registration and Hotel Booking. abstract submission and ear bird Registration closes or 7th October, 2019.

Dr. Chris Aimakhu Secretary LOC
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